



# Escaping Career Prison: Three Keys to Breaking Free and Finding Work You Love

*Amy Van Court*

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Amy Van Court wrote Escaping Career Prison after years of helping women free themselves from unfulfilling work and land in livelihoods that allow them to achieve career success on their terms.

The author's straightforward, no-nonsense approach is balanced with compassion and understanding to help readers discover and utilize their unique gifts, passions and talents.

With this book as your guide, you will discover and explore the Three Keys to Career Freedom: deep self-knowledge and self-acceptance, managing the inner critic that keeps you stuck, and connecting with the wisdom that will support and guide you toward a fulfilling career.

Escaping Career Prison also includes practical tools such as exercises, resources and recommendations that you will find valuable long after you've landed in your own personal career freedom. This is a book that will serve you for years to come.

*"If you picked up this book it is because there is "something" stirring within and you know it. Call it curiosity, divine discontentment, or what you will--it has a message for you; there is more for you to know, be and do. In Escaping Career Prison Amy Van Court offers not only the insight, inspiration, humor and motivation to explore that "something"--she gives us the tools with which to do it with grace, ease, confidence. Right now you hold the three keys in your hand that will set you free. If you are ready to step out of the box of the known and into the infinite field of possibilities that await you in that which is yet to be, READ this book."*

~ Dennis Merritt Jones

*Author of The Art of Uncertainty - How to Live In the Mystery of Life and Love It*

*"Amy wants to help you answer a very simple (but essential) question: 'What if I fail?' This short book may be the push you need to go make a ruckus. I hope so."*

~ Seth Godin

*Author, Linchpin*

*"Amy Van Court has written you a get out of jail free pass. I love this book. In it you will find practical, nurturing, and visionary guidance. And you may begin the most exquisite journey of your lifetime: finding your true life's work."*

~ Tama Kieves

*Best-selling author of This Time I Dance! Creating the Work You Love and Inspired & Unstoppable: Wildly Succeeding in Your Life's Work!*



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