



# Unsweetined

*Jodie Sweetin*

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**Unsweetined** Jodie Sweetin

***How Rude!***

**Once Danny Tanner's bubbly daughter on America's favorite family sitcom, Jodie Sweetin takes readers behind the scenes of *Full House* and shares her terrifying -- and uplifting -- real-life story of addiction and recovery.**

Jodie Sweetin grew up in front of America, melting our hearts and making us laugh for eight years as the cherub-faced middle child on *Full House*. Her ups and downs seemed not so different from our own, but more than a decade after the popular television show ended, the star we knew as goody-two-shoes Stephanie Tanner publicly revealed her shocking recovery from methamphetamine addiction. Even then, Jodie still kept a painful secret -- one that could not be solved in thirty minutes with a hug, a stern talking-to, or a bowl of ice cream around the family table. The harrowing battle she swore she had won was really just beginning.

In her deeply personal, utterly raw, and ultimately inspiring memoir, Jodie comes clean about the double life she led -- the crippling identity crisis that began at her birth, the hidden anguish of juggling a regular childhood with her Hollywood life, and the vicious cycle of abuse and recovery that led to a relapse even as she wrote this book. Jodie traveled the country speaking to college kids about her triumph over substance abuse, yet she partied nightly, spending tens of thousands of dollars on her habit. Her addiction tore her family apart and alienated her from her former *Full House* cast mates until becoming a mother gave her the determination and the courage to get sober.

Today, Jodie's life is a work in progress. Resilient, charming, and funny, she writes candidly about taking each day at a time. Hers is not a story of success or defeat, but of facing your demons, finding yourself, and telling the whole truth -- *unSweetined*.

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