



The Actor and the Target: New Edition

Declan Donnellan

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“Acting is a reflex, a mechanism for development and survival. . . . It isn’t ‘second nature,’ it is ‘first nature.’” —Declan Donnellan

This immensely popular and ever-practical book on acting takes a scalpel to the heart of actors’ persistent fears, helping them to release their talent on stage. It is straightforward and unpretentious, with a spirit of artistic and personal freedom.

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