



# Working Toward Enlightenment: The Cultivation of Practice

*Huai-Chin Nan*

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## **Working Toward Enlightenment: The Cultivation of Practice** Huai-Chin Nan

In this important and fact-filled treatise for contemporary students, Master Nan Huai-Chin details the principles and practices behind the various schools of self-realization. Many Westerners have biases regarding works by Confucius and Mencius; even contemporary scholars misunderstand the philosophical approach that covers the spiritual cultivation path to enlightenment- the practice involved in attaining realization.

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