



A Life-Shaping Prayer: 52 Meditations in the Wesleyan Spirit

Paul W. Chilcote

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Who is God to you? What can you give to God?

How does God shape your life?

How do you live as a disciple of Christ?

Drawing on the rich resources of the Methodist tradition, *A Life-Shaping Prayer* is a beautifully written devotional resource. Centered around a prayer of an early Wesley follower, the themes of this book lead to a rediscovery of what it means to practice faith. Advocating a holistic spirituality where prayer and life are interconnected, Chilcote's premise will make God increasingly real to you. "'Grant me, gracious Lord, a pure intention of heart and a steadfast regard to your glory in all my actions. Possess my mind continually with your presence...'" is how the prayer of Elizabeth Rhodes begins. This prayer reflects many of the central themes, values and goals of vital Christianity. Studying and praying this prayer for a "'waking spirit and a diligent soul'" will lead to a Christ-filled life. Breaking down the early Methodist prayer into 52 readings, Chilcote retooled it into a flexible devotional format that includes a scripture, a brief meditation, a Wesley hymn and a prayer for the day. Whether you decide to read a selection a week or begin a pattern of morning/evening prayers, you'll immerse yourself in the discipline of prayer. *A Life-Shaping Prayer* is suitable for individual or corporate reflection and is ideal as a prayer aid to prepare for Lent and Advent. "'The practice of prayer - practicing life in Christ - requires effort, but all begins and ends in God's grace and loving-kindness,'" writes Chilcote. "'God has gifted you richly, desires to shape your life through the power of Jesus' love, and yearns for you to show yourself to be a disciple of Christ. Permit the Spirit of God to breathe new life into you...'" Discover a richer life of enacted love through *A Life-Shaping Prayer*

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