



Summer Fit Kindergarten to First Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values

Kelly Terrill, Portia Marin

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Summer Fit Activity Books move summer learning beyond academics to also prepare children physically and socially for the grade ahead. Academic exercises are based on Common Core standards and include skills in math, reading, writing, language arts and science. Fitness exercises are designed to jump start the recommended 60 minutes of active play a day that children need to grow up healthy. Role models from throughout the world including Abraham Lincoln, Gandhi and Harriet Tubman help reinforce core values such as honesty, respect and trustworthiness. Summer Fit extends the summer learning experience online with free reading and math digital downloads, book reports, health and wellness activities and fitness videos.

* Based on Common Core: math, reading, writing, language arts and science * Exercises jump start the recommended 60 minutes of daily movement and play * Role models reinforce core values, good character and social skills * Integrated academics and physical activities reinforce the importance of the body-brain connection * Free digital downloads



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Jodi Harper:

Reading a publication tends to be new life style on this era globalization. With examining you can get a lot of information which will give you benefit in your life. Along with book everyone in this world could share their idea. Ebooks can also inspire a lot of people. Lots of author can inspire their reader with their story or even their experience. Not only the storyplot that share in the books. But also they write about the data about something that you need instance. How to get the good score toefl, or how to teach your kids, there are many kinds of book that you can get now. The authors on earth always try to improve their ability in writing, they also doing some study before they write for their book. One of them is this Summer Fit Kindergarten to First Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values.

Ruth Ford:

A lot of people always spent their free time to vacation as well as go to the outside with them friends and family or their friend. Were you aware? Many a lot of people spent they free time just watching TV, as well as playing video games all day long. In order to try to find a new activity that is look different you can read the book. It is really fun for you. If you enjoy the book you read you can spent the whole day to reading a publication. The book Summer Fit Kindergarten to First Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values it is extremely good to read. There are a lot of individuals who recommended this book. They were enjoying reading this book. In case you did not have enough space to deliver this book you can buy often the e-book. You can m0ore effortlessly to read this book out of your smart phone. The price is not too expensive but this book provides high quality.

Lorene Lord:

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