



Childhood Allergies: All you need to know about your child's allergy

Dr. Dawn Lim

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Whether you are a parent, relative, caregiver or teacher of an allergy-prone child, you know how challenging it is to keep that child safe, happy and healthy. You want to determine what is 'safe' and what is not, educate others about your child's allergies, turn your home into a 'safe haven', create an ideal school and day care environment, handle parties or family get-togethers in your home with ease, take vacations, go anywhere to eat without a second thought, know the potential hazards lurking outdoors, and help your child enjoy sports, camps or other co-curricular activities without worry.

From how and why different allergies occur to what the common triggers are, and how to manage these symptoms effectively, this book will provide all that and more, including

comprehensive information of the most common allergies

what doctors do to diagnose and treat allergies

sample forms of what information to prepare

checklists to keep track of the allergy

various allergy tests available

practical tips for organising an allergy-safe home

what to do during emergencies

travel tips

real life accounts by allergy patients

where to find support

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Lila Johnson:

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