



# The Science of Happiness: 10 Principles for Manifesting Your Divine Nature

*Ryuho Okawa*

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# The Science of Happiness: 10 Principles for Manifesting Your Divine Nature

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## **The Science of Happiness: 10 Principles for Manifesting Your Divine Nature** Ryuho Okawa

Reveals the 10 essential principles that can serve as a compass for a spiritual life

- Presents the foundational teachings of the Happy Science spiritual movement (more than 10 million members worldwide)
- Offers revelations from past spiritual leaders, including Jesus, Buddha, and Moses
- Includes information on the ancient continents of Mu and Atlantis and the structure of the spirit world

In 1981 Ryuho Okawa began receiving revelations from the spirits of Nikko (1246-1333) and Nichirien (1222-1282), who had been outstanding Buddhist teachers during their lives. Soon he began receiving revelations from Buddha, Jesus Christ, Moses, and Confucius as well as spiritual messages from prominent figures such as Socrates, Isaac Newton, Abraham Lincoln, Mahatma Gandhi, Helen Keller, and Florence Nightingale. In 1985 he began publishing some of these revelations in Japan. A year later he established the spiritual movement Happy Science (*Kofuku-no-Kagaku*) to help people discover their true potential, to educate them to think and act in a spiritual way, and to help create an ideal world on Earth.

*The Science of Happiness* presents Master Okawa's 10 essential principles that can serve as a compass for a spiritual life: Happiness, Love, the Mind, Enlightenment, Progress, Wisdom, Utopia, Salvation, Reflection, and Prayer. Master Okawa shows how following these principles can bring happiness and spiritual growth not only to ourselves but to all those around us. He provides the tools necessary to transform one's inner world to be receptive to true happiness and enlightenment--and to find one's true purpose in life. He also reveals other extraordinary spiritual truths, such as the secrets of the ancient continents of Mu and Atlantis and the structure of the spirit world.

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