



Fat Girl, Skinny

Amye Archer

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Fat Girl, Skinny Amye Archer

After her husband leaves her for a skinnier, blonder, younger, (better?) woman, Amye Archer is forced to confront the food addiction that has been holding her back for most of her life and has left her weighing two hundred and sixty-five pounds. With the help of the gang of girls of Weight Watchers, and their fearless leader —former fatty and community college dropout—Pantsuit Pam, Amye spends the next year losing weight and learning to live in a skinny (er) woman's body. Only being skinny is not as easy as it looks, especially when inside, she will always be a fat girl. Fat Girl, Skinny is Amye's story, but it's also the story of anyone who has ever been told: "You'd be pretty...if".

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