



# 101 Awesome Things to Do for Someone Who's Sick: Caring Ideas + Resources + Gifts + Stories + Love

*Elaine Wilkes PhD*

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**Finally, cool stuff to do for the sick! If you've ever wondered what you can do that's meaningful for someone who's ill, then this easy-read is for you!**

Feel good helping others feel good!

**Award-winning author, Elaine Wilkes, PhD, shares real heart-warming stories from people in all walks of life, filled with original, caring, and useful ideas that will show you care.**

Did you know there are websites with free services that organize food delivery, help raise funds for medical bills, and even provide personalized entertainment?

There are also ideas for nurturing, gifts, fun, inspiration, care giving, and so much more.

This thought provoking read will give you a new perspective on care giving and helping the sick.

This also shows people at their best--when faced with the worst.

This book will spread compassion, kindness, and inspiration for those who are faced with health challenges.  
*Here are the sections:*

1. Awesome Ideas from Inspiring Stories (Amazing what people have done!)
2. The Loving Side of Technology
3. Awesome Ideas for Caregivers and Advocates
4. Tasty Food Ideas
5. Practical, Easy, Helpful Ideas (You'll be happy you have these!)
6. Making it Super Special (They'll cherish this forever.)
7. Nurturing Ideas (Ahhh!)
8. Emotional Support (Great for you too!)
9. Great Gift Ideas (Fun, original, and creative)
10. Ideas from Patients

**These simple acts of kindness will be cherished forever.**

The thought-provoking, inspiring messages show the triumph of the human spirit. You'll receive a whole new perspective on compassion and helping people who are sick. You'll feel better, helping others feel better.

This will help you and others get through tough times.

Great for those in the hospital, rehab, hospice, who just had a baby, or are recovering at home.

**Some of these ideas would make meaningful and thoughtful birthday and holiday gifts too!**



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