



Psychic Protection Guided Self Hypnosis: Cleanse & Protect from Toxic & Negative Energy, Bonus Drum Journey

Anna Thompson

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This *Psychic Protection* hypnosis program was designed to assist the listener in releasing unwanted negative or foreign energy, releasing toxic ties, and protecting the energetic, or psychic self. The Induction section features isochronic tones which are a form of brainwave entrainment to help achieve deeper relaxation. Also included within this program is an extended affirmations track, a meditation track (partly guided, with ancient Solfeggio frequencies) and as an extra bonus, an exciting and powerful drum journey, bodywork track. Using an alternate induction, hypnotic drum beats and posthypnotic suggestions related to psychic protection, this drum journey is designed to get the listener out of their brain and back into their body. Many find this useful for releasing energy blocks, healing, and integrating the mind, body, and spirit. Written and narrated by Anna Thompson, MA, MHP, LMHC, Advanced Clinical Hypnotherapist. Accomplish your goals and create the life you've always wanted starting today.

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Olga Noone:

Now a day people that Living in the era where everything reachable by match the internet and the resources inside can be true or not require people to be aware of each information they get. How many people to be smart in acquiring any information nowadays? Of course the answer is reading a book. Studying a book can help people out of this uncertainty Information specially this Psychic Protection Guided Self Hypnosis: Cleanse & Protect from Toxic & Negative Energy, Bonus Drum Journey book because this book offers you rich details and knowledge. Of course the information in this book hundred percent guarantees there is no doubt in it you know.

Michael Burr:

Playing with family in a very park, coming to see the sea world or hanging out with pals is thing that usually you may have done when you have spare time, after that why you don't try thing that really opposite from that. A single activity that make you not sensation tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of knowledge. Even you love Psychic Protection Guided Self Hypnosis: Cleanse & Protect from Toxic & Negative Energy, Bonus Drum Journey, you could enjoy both. It is very good combination right, you still need to miss it? What kind of hang-out type is it? Oh come on its mind hangout guys. What? Still don't obtain it, oh come on its identified as reading friends.

Joni Harris:

Psychic Protection Guided Self Hypnosis: Cleanse & Protect from Toxic & Negative Energy, Bonus Drum Journey can be one of your beginning books that are good idea. Most of us recommend that straight away because this reserve has good vocabulary that may increase your knowledge in language, easy to understand, bit entertaining however delivering the information. The author giving his/her effort to get every word into delight arrangement in writing Psychic Protection Guided Self Hypnosis: Cleanse & Protect from Toxic & Negative Energy, Bonus Drum Journey nevertheless doesn't forget the main place, giving the reader the hottest as well as based confirm resource info that maybe you can be among it. This great information can certainly drawn you into completely new stage of crucial contemplating.

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