



## Mentalpause: ...and Other Midlife Laughs

*Laura Jensen Walker*

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## **Mentalpause: ...and Other Midlife Laughs** Laura Jensen Walker

Laura Jensen Walker went into early menopause after her bout with cancer and can sympathize with other "mentalpause" sufferers and survivors. As in *Thanks for the Mammogram!*, she uses hilarious vignettes and a delightful mix of wit and wisdom to connect with her readers. With chapters about how "All Varicose Veins Lead to Rome" and "PMS Is a Picnic in the Park," this book helps women dealing with "mentalpause" and those around them gain a better understanding--and certainly a lighter attitude--about this passage of life. *Mentalpause . . . and Other Midlife Laughs* will get readers laughing at themselves as they hear Laura lightheartedly describe her age spots, lament her sagging everything, and look anew at love after forty.

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#### **Virginia Dunn:**

The actual book Mentalpause: ...and Other Midlife Laughs has a lot of information on it. So when you read this book you can get a lot of advantage. The book was compiled by the very famous author. McDougal makes some research prior to write this book. This particular book very easy to read you can find the point easily after reading this article book.

#### **Eugene Flowers:**

Reading can be called head hangout, why? Because if you find yourself reading a book particularly book entitled Mentalpause: ...and Other Midlife Laughs your mind will drift away through every dimension, wandering in each aspect that maybe unfamiliar for but surely will become your mind friends. Imaging each and every word written in a guide then become one application form conclusion and explanation in which maybe you never get just before. The Mentalpause: ...and Other Midlife Laughs giving you yet another experience more than blown away your thoughts but also giving you useful details for your better life on this era. So now let us show you the relaxing pattern the following is your body and mind will be pleased when you are finished reading it, like winning an activity. Do you want to try this extraordinary paying spare time activity?

#### **Raquel Black:**

This Mentalpause: ...and Other Midlife Laughs is great reserve for you because the content which is full of information for you who else always deal with world and still have to make decision every minute. This specific book reveal it facts accurately using great manage word or we can claim no rambling sentences included. So if you are read the idea hurriedly you can have whole information in it. Doesn't mean it only will give you straight forward sentences but hard core information with attractive delivering sentences. Having Mentalpause: ...and Other Midlife Laughs in your hand like keeping the world in your arm, information in it is not ridiculous just one. We can say that no reserve that offer you world inside ten or fifteen moment right but this reserve already do that. So , this is certainly good reading book. Hey Mr. and Mrs. active do you still doubt this?

#### **Lisa Gregory:**

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