



Leaving Home: The Art of Separating from Your Difficult Family (Paperback) - Common

By (author) David P. Celani

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Relinquishing family attachments that failed to meet childhood needs is the most difficult task individuals can undertake as they grow into adulthood. "Leaving Home" not only emphasizes the life-saving benefits of separating from toxic parents but also offers a viable program for personal emancipation. David P. Celani centers his program on Object Relations Theory, a branch of psychoanalysis devel

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