



Ketogenic Diet: Fat Bombs: 33 High Fat, Nutritious Low Carb Dessert Recipes for Weight Loss

Kylie Young

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Are you struggling with sticking to your ketogenic diet because of your sweet tooth? Do you feel left out on holidays or at picnics or other gatherings because you have to forgo dessert? If so, this book, *Ketogenic Diet: Fat Bombs* is perfect for you! Not only do you have permission on your keto diet to eat these delicious treats, but you will learn why they're actually good for you and why you should be eating them.

I've created and tested 33 high-fat, low-carb, delicious keto-diet-approved dessert recipes! Some of them are so decadent that your friends and family won't even be able to tell they are low carb.

Here's a quick look at some of the desserts we're going to be making:

- Tarts
- Pies
- Cookies
- Cheesecake
- Cakes
- Truffles
- Ice Cream

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