



# The Lonely Guy and the Slightly Older Guy

*Bruce Jay Friedman*

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## **The Lonely Guy and the Slightly Older Guy** Bruce Jay Friedman

With its hilariously honest look at the single male in America—from his apartment furnishings to his career struggles to his dating habits—Bruce Jay Friedman's book *The Lonely Guy's Book of Life* quickly became a hit when it first appeared in 1978, winning raves from critics and inspiring Steve Martin's classic cult comedy *The Lonely Guy*. Twenty years later, Friedman returned to the subject with *The Slightly Older Guy*, finding his quarry no longer alone and not so young anymore but just as funny. Now these classic humor books are available together for the first time.

With a new afterword about "The Considerably Older Guy," this edition deals with such topics as divorce and grandchildren. Offering advice on exercise (walk, don't run) and insomnia (read Solzhenitsyn), Friedman took the pulse of the aging American male—and found him still in need of some good satire.



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