



# Vital Signs for Nurses: An Introduction to Clinical Observations

*Joyce Smith, Rachel Roberts*

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Accurate clinical observations are the key to good patient care and fundamental to nursing practice. *Vital Signs for Nurses* will support anyone in care delivery to enhance their skills, reflect upon their own practice and assist in their continuing professional development. This practical introductory text explores how to make assessments of heart rate, blood pressure, temperature, pain and nutrition. It also looks at issues of infection control, record-keeping and legal and ethical considerations. With case studies and examples throughout, this text will be invaluable to all healthcare assistants, student nurses, Trainee Assistant Practitioners and students on foundation degrees.

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