



Life's Too F*ing Short: A Guide to Getting What You Want Out of Life Without Wasting Time, Effort, or Money**

Janet Street-Porter

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An irreverent, unapologetically opinionated, no-holds-barred manifesto for women who aim to thrive, not just survive, in the 21st century.

“Spend the first minute of every day telling yourself ‘I am bloody brilliant’—no one else is going to!” Janet Street-Porter proffers pithy pronouncements on everything from platform shoes to climbing the corporate ladder to spa vacations to designer face creams. Unimpressed by industry experts, independent research, and well-meaning but irrelevant journalists, Street-Porter dishes on the dictum that “more is never enough” (a ploy to get you to buy stuff you don’t need) and counters with been-there-done-that advice on career advancement (it’s not who you know), dating (*it is* who you know), interior décor (less is more), diet (less is still more), exercise (more is actually more), and personal ethics (if you don’t have any, it’s time to get some). So get a grip, because LIFE’S TOO F***ING SHORT to let it pass you by.

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