



The Friendship Factor: Helping Our Children Navigate Their Social World--and Why It Matters for Their Success and Happiness

Kenneth Rubin, Andrea Thompson

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Based on twenty-five years of research on friendship, Dr. Kenneth H. Rubin reveals the importance of children's social development to their emotional and intellectual growth—and future success. In **The Friendship Factor** he uses vivid case studies to differentiate normal development from potential problems and real distress, exploring how to:

- Distinguish between a solitary child and a lonely child
- Encourage the development of "popularity-as-likability," not "dominance"
- Help an easily angered child be less aggressive
- Increase a child's social ability with specific skills and strategies



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