



# The Olive

*Katherine Golden Bitting M.S.*

Download now

[Click here](#) if your download doesn't start automatically

# The Olive

*Katherine Golden Bitting M.S.*

## **The Olive** Katherine Golden Bitting M.S.

There is no tree nor fruit which offers more in interest than the olive tree and its fruit. To obtain anything approaching an idea of its many-sidedness, it is necessary to become acquainted with the life and legends of ancient peoples, in which it entered as sustenance and as symbol; to know something of art, as the olive has furnished the motif for much decoration, both symbolic and purely esthetic; to know something of botany and horticulture, to appreciate its parts and to understand their structure and development; something of chemistry and physics, to understand its various constituents and their intelligent treatment; something of the culinary art, to understand its value and its varied uses as a food and condiment; of medicine, to appreciate the many virtues ascribed to it as a healing agent; and of cosmetics, to believe all that is claimed for it as a cleanser and beautifier. Each phase offers many fascinating possibilities, revealed through the most ancient as well as the most recent literature, for with time the olive has gained both in interest and value.

It would seem that the olive is rightly and appropriately called the “Tree of Abundance,” for all parts of it have been used, and to the ancients, even with their limited cuisine as compared with that of today, it was a symbol of plenty, witness the apostrophe of King Sennacherib, made centuries before the Christian era, who called Assyria “A land of corn and wine; a land of bread and vineyards; a land of oil, olives, and honey.”

Among the ancient Jews the oil was considered indispensable and as necessary as bread. An abundance of oil was looked upon as a blessing from God. Vast public storehouses were constructed to hold it for the scarce years. To the Greeks the three indispensable foods were oil, grains, and wine, the oil entering into most of their dishes. The Romans had a large trade in the oil, and it was also used, to a large extent, in their domestic cooking. In Italy and Spain street vendors fry fritters in the oil and sell them while hot. It has considerable use in conserving fish, particularly sardines. The higher grades of French, Spanish, Norwegian, and American sardines are packed in olive oil. This use has been extended in recent years to the packing of tuna fish.

In medicine it has been and is still used extensively. The ancients rubbed it on their bodies to make the muscles supple and to cleanse and protect the skin, particularly after bathing, and it still functions for these purposes. It was used to heal wounds, in liniments, and as a mild laxative. At present it is a constituent of liniments, ointments, cerates, and plasters. The people who are habitual patrons of the olive and its oil are noted for their smooth, beautiful complexions. It is said “the warm rosy complexion of the Italian and Sicilian women is due to the free use of olive oil as much as to the air and climate of their country.”

The residue or marc which remains after the oil is extracted is used as a food for sheep and hogs, for fertilizer, and for fuel, and there is obtained from it a clear, illuminating gas.

 [Download The Olive ...pdf](#)

 [Read Online The Olive ...pdf](#)



## **Download and Read Free Online The Olive Katherine Golden Bitting M.S.**

---

### **From reader reviews:**

#### **Joni Thompson:**

As people who live in typically the modest era should be update about what going on or info even knowledge to make these keep up with the era that is always change and make progress. Some of you maybe will certainly update themselves by looking at books. It is a good choice for yourself but the problems coming to an individual is you don't know what kind you should start with. This The Olive is our recommendation to help you keep up with the world. Why, as this book serves what you want and wish in this era.

#### **Clifford Harvey:**

Now a day people who Living in the era just where everything reachable by connect with the internet and the resources inside can be true or not require people to be aware of each facts they get. How a lot more to be smart in receiving any information nowadays? Of course the answer is reading a book. Looking at a book can help individuals out of this uncertainty Information specifically this The Olive book as this book offers you rich data and knowledge. Of course the details in this book hundred % guarantees there is no doubt in it you probably know this.

#### **Kayla France:**

Reading a e-book can be one of a lot of activity that everyone in the world likes. Do you like reading book therefore. There are a lot of reasons why people enjoy it. First reading a book will give you a lot of new data. When you read a publication you will get new information due to the fact book is one of many ways to share the information or their idea. Second, examining a book will make you actually more imaginative. When you examining a book especially fiction book the author will bring you to definitely imagine the story how the characters do it anything. Third, you may share your knowledge to other people. When you read this The Olive, it is possible to tells your family, friends and also soon about yours reserve. Your knowledge can inspire the mediocre, make them reading a e-book.

#### **Lorraine Cox:**

Reading can called head hangout, why? Because when you are reading a book particularly book entitled The Olive your mind will drift away trough every dimension, wandering in every aspect that maybe unfamiliar for but surely might be your mind friends. Imaging just about every word written in a reserve then become one web form conclusion and explanation in which maybe you never get previous to. The The Olive giving you a different experience more than blown away your head but also giving you useful data for your better life within this era. So now let us explain to you the relaxing pattern this is your body and mind will be pleased when you are finished looking at it, like winning a. Do you want to try this extraordinary wasting spare time activity?

**Download and Read Online The Olive Katherine Golden Bitting  
M.S. #57S0F16ZVGK**

## **Read The Olive by Katherine Golden Bitting M.S. for online ebook**

The Olive by Katherine Golden Bitting M.S. Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Olive by Katherine Golden Bitting M.S. books to read online.

### **Online The Olive by Katherine Golden Bitting M.S. ebook PDF download**

**The Olive by Katherine Golden Bitting M.S. Doc**

**The Olive by Katherine Golden Bitting M.S. Mobipocket**

**The Olive by Katherine Golden Bitting M.S. EPub**