



Hand-book of medical gymnastics

Anders Gustaf Wide

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This historic book may have numerous typos and missing text. Purchasers can download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1899 edition. Excerpt: ...treatment of uterine complaints has been developed. In cases of prolapsed rectum Brandt uses this method of procedure that, in fossa iliaca sin., a pulling upward is exercised on the larger intestine with simultaneous pressure from without on the prolapsed part. It is known how a prolapsed rectum can, by only using pressure on the same, be easily replaced, and in children, this method should be the least dangerous and, at the same time, the surest. When the intestine has thus been replaced it can, through anal-massage, recover its normal tonus, and lasting good health will ensue. Here too, the above mentioned movements support the treatment. As this complaint is rather common, anal-massage should be advised, as it is easily given by the patient himself and is quite harmless. Prolapse of the rectum in a man, 78 years of age' treated 1895. His purgations had, for many years, been slow and hard, when finally prolapse of the rectum took place on defecation. At first the intestine could always be replaced after defecation and then kept its place, but gradually the prolapsus became permanent. Such was the state, when treatment with abdominal-kneading and interior anal-massage was commenced in May, 1895. This treatment, given for three weeks, brought about complete improvement, so that the evacuations were normal and the rectum kept in during defecation. The improvement gained lasted half a year. The treatment has had to be repeated several times, but always with good results. That the improvement, after the patient's having suffered from such a complaint for many years, cannot, in so old a person be permanent is, of course, quite natural. But even if constant treatment should be necessary and lasting improvement be thus gained, much is won even by this...

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